

Bachelor of Science in Health Education

Howard University

College of Arts & Sciences

Catalog: Fall 2023 – Present

Quick Summary - What You Need to Graduate

Total Credits	Minimum GPA	Major Credits	Last 30 Credits
120	2.0	48-51	At Howard

Your Degree Breakdown:

- Major Requirements: 30 Health Education core credits (10 courses)
- Concentration Requirements: 18-21 credits (6-7 courses)
- General Education: 38 credits (approximately 17 courses)
- Foreign Language: 9 credits (3 courses)
- Math Requirements: 6-8 credits (2 courses)
- Free Electives: 24-27 credits (varies by concentration)
- Complete all 7 ELOs (can overlap with courses)
- COAS Experiential (1 course) & COAS Innovative Learning (1 course)
- Undergraduate Comprehensive Exam

Important: Double-Dipping Made Simple!

One course can fulfill BOTH a General Education requirement AND an Essential Learning Outcome (ELO) at the same time. You don't need separate courses for each! This helps you graduate efficiently without taking extra classes.

Major credits **cannot** be double dipped with minor credits. While students are not required to declare a minor, those who choose to do so must complete **15-18 credits that are not applied toward their major requirements**. Minor coursework must remain distinct and separate from major coursework.

University-Wide Requirements

- **Minimum GPA:** 2.0 for all undergraduate coursework
- **Residency:** Complete last 30 credits at Howard University
- **Exit Requirement:** Undergraduate Comprehensive Exam
- **Total Credits:** 120 credits required

General Education Requirements (30 Credits / ~15 Courses)

Essential Learning Outcomes (ELOs)

Students must complete courses covering all seven outcome areas. Remember, these can overlap with other requirements!

- **ELO 1:** U.S. and Global African Diasporic Developments
- **ELO 2:** Human Cultures and Creative Expression
- **ELO 3:** Knowledge of the Physical and Natural World
- **ELO 4:** Intellectual and Practical Skills
- **ELO 5:** Social Responsibility and Knowledge of Political Institutions
- **ELO 6:** Leadership and Applied Learning
- **ELO 7:** Comprehensive Wellness Practices

Note: ELO courses are tagged in Bison Hub under the course description

Freshman Experience (1 Credit / 1 Course)

- **FRSM 001** - Freshman Seminar (1 credit)

Core Writing & Communication (9 Credits / 3 Courses)

3 courses needed (each 3 credits)

- **ENGW 101, 102, or 104** - First-Year English Writing I (3 credits)
- **ENGW 103 or 105** - First-Year English Writing II (3 credits)
- **SLMC 101** - Principles of Speech (3 credits)

Cultural and Global Awareness (12 Credits / 4 Courses)

- **African American Cluster Course** - 1 course (3 credits)
- **Foreign Language** - 3 courses (9 credits total, same language)
 - 1 course can be an Intercultural Knowledge course

Humanities & Social Sciences (12 Credits / 5 Courses)

- **Three Humanities Courses** - 3 courses (3 credits each = 9 credits)
 - *Note: Additional humanities courses may be required based on concentration*
- **Philosophy Elective** - 1 course (3 credits)
- **Social Science Elective** - 1 course (3 credits)

Mathematics Requirements (6-8 Credits / 2 Courses)

Required Courses (2 courses):

- **MATH 006 or MATH 007** - College Algebra I or Precalculus (3-4 credits)
- **MATH 009** - Intro to Statistics OR **MATH 010** - College Algebra II (3-4 credits)

Recommended: MATH 009 (Statistics) is recommended for research and data analysis skills.

COAS Special Requirements

Experiential Learning (1 course required)

Examples of COAS Experiential Learning Course but are not limited to:

- HHPL 187 - Field Work/C (**Community Health Only**) maybe substituted
- HHPL 179 - Community Health Internship (**Community Health Only**)
- Any 890 course
- Study abroad

Innovative Learning Requirement (1 course required)

- Complete at least one course marked as 'innovative'

Note: COAS Special Requirements courses are tagged in Bison Hub under the course description

Health Education Core Requirements (30 Credits / 10 Courses)

Foundation Courses (18 Credits / 6 Courses)

Required for all Health Education students

- **HHPL 163** - Foundation of Health Promotion (3 credits)
- **HHPL 165** - Health of Women, Child & Families (3 credits)
- **HHPL 167** - MCH-Institute (3 credits)
- **NUTR 161** - Intro to Nutrition (3 credits)
- **HHPL 157** - Health Problems of Child & Youth (3 credits)
- **HHPL 140** - Human Growth and Development (3 credits)

Professional Core (15 Credits / 5 Courses)

- **HHPL 152** - Methods & Materials of Health Education (3 credits)
- **HLMN 201** - Community Health (3 credits)
- **HHPL 123** - Research Methods (3 credits)
- **HHPL 723** - Intro to Research & Stats-Writing (3 credits)
- **HHPL 755** - Addictive Behavior-Writing (3 credits)

Important: Complete foundation courses before enrolling in upper-level concentration courses.

Concentration Requirements - Choose ONE Track

Option 1: Maternal and Child Health (21 Credits / 7 Courses)

Required Courses (16 Credits / 6 Courses)

- **HHPL 102** - Human Anatomy Lecture/Lab (3 credits)
- **HUDV 113** - Prenatal, Infancy, and Early Childhood Development (3 credits)
- **HUDV 143** - Parentology: Theory, Research & Support Systems (3 credits)
- **HUDV 119** - Diverse Children of Color (3 credits)
- **HHPL 160** - Women's Health (2 credits)

- **HHPL 175** - Controlling Stress & Tension (2 credits)

Additional Requirements

- **Any 1 HHPL Course** - (2 credits)
- **Any 3 Humanities Courses** - 9 credits (can overlap with Gen Ed requirements)
- **General Electives** - 27 credits

Option 2: Community Health (18 Credits / 6 Courses)

Required Courses (15 Credits / 5 Courses)

- **HHPL 153** - Human Sexuality (3 credits)
- **HHPL 187** - Field Work/C (2 credits) **maybe substituted**
- **HHPL 179** - Community Health Internship (9 credits)
- **Any 3 HHPL Courses** - 9 credits (choose electives from department offerings)

Additional Requirements

- **Any Two Humanities Courses** - 6 credits (can overlap with Gen Ed requirements)
- **General Electives** - 24 credits

Free Electives

- **Maternal and Child Health Track:** 27 credits
- **Community Health Track:** 24 credits

Remaining credits to reach 120 total (varies based on math track and concentration)

Sample Degree Progress Checklist

Always consult with your academic advisor for personalized guidance

Freshman Year (30-32 Credits)

Fall Semester

- **FRSM 001** - Freshman Seminar (1 credit)
- **ENGW 101/102/104** - First-Year Writing I (3 credits)

- HHPL 163 - Foundation of Health Promotion (3 credits)
- MATH 006 or MATH 007 - College Algebra I or Precalculus (3-4 credits)
- Foreign Language I (3 credits)
- Social Science Elective (3 credits)

Fall Total: 16-17 credits

Spring Semester

- ENGW 103/105 - First-Year Writing II (3 credits)
- HHPL 165 - Health of Women, Child & Families (3 credits)
- NUTR 161 - Intro to Nutrition (3 credits)
- MATH 009 or MATH 010 - Statistics or College Algebra II (3-4 credits)
- Foreign Language II (3 credits)

Spring Total: 15-16 credits

Sophomore Year (30-31 Credits)

Fall Semester

- HHPL 140 - Human Growth and Development (3 credits)
- HHPL 157 - Health Problems of Child & Youth (3 credits)
- Foreign Language III (3 credits)
- Humanities Course (3 credits)
- **Concentration Course** (3 credits)
- African American Cluster Course (3 credits)

Fall Total: 18 credits

Spring Semester

- HHPL 167 - MCH-Institute (3 credits)
- HHPL 152 - Methods & Materials of Health Education (3 credits)
- HLMN 201 - Community Health (3 credits)
- Foreign Language IV (3 credits)
- Humanities Course (3 credits)

Spring Total: 15 credits

Junior Year (30-31 Credits)

Fall Semester

- HHPL 723 - Research and Statistics (3 credits)
- **Concentration Course** (3 credits)
- **Concentration Course** (3 credits)
- Philosophy Elective (3 credits)
- SLMC 101 - Principles of Speech (3 credits)
- Humanities Course (3 credits)

Fall Total: 18 credits

Spring Semester

- HHPL 755 - Addictive Behavior-Writing (3 credits)
- **Concentration Course** (3 credits)
- **Concentration Course** (3 credits)
- Free Elective (3 credits)
- Free Electives (3 credits)
- Free Electives (3 credits)

Spring Total: 18 credits

Senior Year (28-30 Credits)

Fall Semester

- **Concentration Course** (3 credits)
- HHPL 179 Community Health Internship (9 credits)
- COAS Innovative Learning (if not completed)
- Take Undergraduate Comprehensive Exam

Fall Total: 12 credits

Spring Semester

- **Concentration Course** (if needed) (3 credits)

- HHPL 179 Community Health Internship (9 credits)
- Free Electives (9-12 credits)
- Apply for graduation

Spring Total: 12-15 credits

Key Requirements Summary

- **Minimum Overall GPA:** 2.0
- **Credits in Health Education:** 30 core + 18-21 concentration = 48-51 minimum
- **Foreign Language:** 12 credits in the same language (4 courses)
- **Residency:** Last 30 credits at Howard University
- **Concentration:** Must complete all requirements for one track (Maternal & Child Health OR Community Health)

Important Notes for Success

- **Choose Your Track Early:** Decide between Maternal and Child Health or Community Health by the end of sophomore year to ensure proper course sequencing.
- **Foreign Language Requirement:** Health Education requires 9 credits (3 courses) in the same language - more than most majors. Plan accordingly.
- **Prerequisites:** Check course descriptions for prerequisites. Most upper-level HHPL courses require completion of foundation courses (HHPL 163, 165, 140).
- **Writing-Intensive Courses:** HHPL 723 and HHPL 755 are designated writing courses that satisfy upper-level writing requirements.
- **Field Experience:** Community Health track specifically requires HHPL 179 (Internship). Maternal & Child Health may include experiential learning opportunities.
- **Math Track:** MATH 009 (Statistics) is recommended for research and data analysis skills needed in health education careers.
- **Experiential Learning:** Can often be satisfied through HHPL 187, HHPL 179, 890 courses, internships, or study abroad. Speak with your advisor for all options.
- **ELO Requirements:** Many health education, humanities, and general education courses will automatically satisfy ELO requirements.
- **Advisor Consultation:** Consult with your academic advisor each semester for course planning.

- **Scholarship Requirements:** Students are required to successfully pass a minimum of 15 credits each semester. There is an exception for students in their final term to take less than 15 credits and still be awarded their scholarship.
- **Classification:**
 - **Freshman:** 0-29 completed credits
 - **Sophomore:** 30-59 completed credits
 - **Junior:** 60-89 completed credits
 - **Senior:** 90 or more completed credits

Resources & Support

- **Academic Advisor:** Contact Office of Undergraduate Studies for assignment
- **Department Office:** Health, Human Performance, and Sport Management Department, College of Arts & Sciences
- **Internship Coordinator:** Contact department for internship placement assistance (especially for Community Health track)
- **Career Advising:** Available for students interested in public health, health education, community health, or maternal & child health careers
- **Professional Organizations:** Students are encouraged to join professional associations like SOPHE (Society for Public Health Education)

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